

COURSE SPECIFICATION DOCUMENT

Academic School / Department:	Richmond Business School
Programme:	Richmond Business School Core
FHEQ Level:	5
Course Title:	Football Coaching
Course Code:	SPT 5230

Total Hours:	160
Timetabled Hours:	60
Guided Learning Hours:	0
Independent Learning Hours:	100

Credits:	16 UK CATS credits
	8 ECTS credits
	4 US credits

Course Description:

The RIASA/Football Association Level 2 in Coaching is a professional development placement in partnership with the West Ridings County Football Association. The course aims to provide students with training for a recognised professional qualification in an industry setting and to cultivate intellectual, professional, and personal skills that will enable them to perform in a culturally diverse coaching contexts and communities. In addition to the RIASA/Football Association Level 2 in Coaching qualification requirements, students will complete assessments designed to help reflect on the skills they are learning and the benefits gained from the RIASA/Football Association Level 2 in Coaching, and also to help them determine if their current career goals in the coaching industries. A faculty supervisor will work closely with each student throughout the duration of the RIASA/Football Association Level 2 in Coaching to ensure that the professional development placement is a successful one.

Prerequisites: None

Aims and Objectives:

The RIASA/Football Association Level 2 in Coaching aims to allow students to enhance coaching skillsets developed in Football Association Level 1 in Coaching and further their Richmond, the American International University in London

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own learning within coaching environments. Exponential learning through the development of recognised coaching practices and engagement with a variety of key industry stakeholders are a central to the course objectives. Hence, the overall purpose of the RIASA/Football Association Level 2 in Coaching course is to provide students with industry- level skillsets in order to be better prepared for developments within the coaching profession and to successfully gaining employment following graduation.

Programme Outcomes:

A3, A6

A detailed list of the programme outcomes is found in the Programme Specification. This is maintained by Registry and located at: <https://www.richmond.ac.uk/programme-and-course-specifications/>

Learning Outcomes:

- By the end of this course, successful students should be able to:
- Develop greater responsibility for their own learning and development.
- Coach basic skills and techniques, and demonstrate an understanding of the principles of attack and defence through the use of practices and small sided games.
- Develop an appreciation of the coaching process, the needs of the player and related issues in sports science.
- Plan, conduct and evaluate a series of sessions in a systematic and progressive manner.
- Ensure the health and safety of players and others within the coaching environment and be able to respond to an emergency.
- Promote and establish positive working relationships and high standards of behaviour with players, officials and other coaches.

Indicative Content:

Coaching theory and practice

Planning, delivery and evaluation of ethical football coaching sessions

Group and individual development and management

Communication and game strategy

Assessment:

This course conforms to the Richmond University Standard Assessment Norms approved at Academic Board.

Teaching Methodology:

This is a collaborative learning course delivered in partnership with the West Ridings County Football Association and students will be taught by both the university and partner organisation.

The RIASA/Football Association Level 2 in Coaching will be delivered by the West Ridings County Football Association across ten full days in length, consisting of 20 workshops, split into three distinct blocks. The workshops contain further technical content from the England DNA, building on that learnt through completion of the FA Level 1 in Coaching Football. Students will also receive up to two support visits between blocks where they will gain support in their coaching environment encouraging a culture of individualised learning.

A faculty supervisor will work with each student throughout the duration of the RIASA/Football Association Level 2 in Coaching to monitor assessments.

Indicative Text(s):

Armour, K. M. (Ed.) (2011). *Sport pedagogy: an introduction for teaching and coaching*. Harlow, UK : Prentice Hall.

Cassidy, T., Jones, R., & Potrac, P. (Eds.) (2004). *Understanding sports coaching: the social, cultural and pedagogical foundations of coaching practice*. London, UK: Routledge. Jones, R. L., Armour, K.M., & Potrac, P. (2004). *Sports coaching cultures from practice to theory*. New York, NY: Routledge.

Nicholls, A.R., & Jones, L. (2013). *Psychology in Sports Coaching: Theory and Practice*. New York, NY: Routledge.

See syllabus for complete reading list

Change Log for this CSD:

Nature of Change	Date Approved & Approval Body (School or AB)	Change Actioned by Registry Services
Annual update	May 2023	
Total Hours Updated	April 2024	

